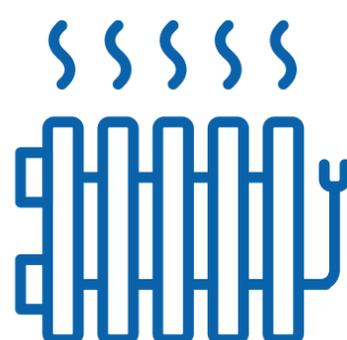


5 REFLEXES TO FIGHT AGAINST CARBON MONOXIDE POISONING

1 MONITOR MAINTENANCE

Every year, have your heating and hot water systems and flues checked and maintained by a qualified professional.

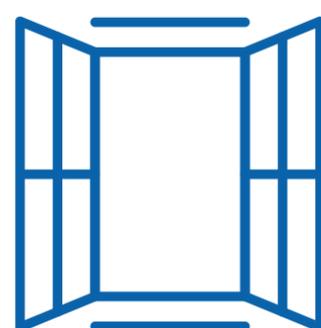


2 INSTALL A DETECTOR

Installing a carbon monoxide detector will allow you to sleep soundly and be alerted in case of danger!

3 VENTILATE

Air your home every day for at least 10 minutes, even if it is cold. This will renew the air and avoid poisoning.



4 DO NOT OBSTRUCT

Never block air inlets and outlets (ventilation grills in the kitchen, bathroom, etc.)

5 BEWARE TO THE DEVICES

Do not heat with devices not intended for this purpose (camping stoves, ovens, braziers, barbecues...).

